

Volipred P10 Tablet

Prednisolone 10 mg Tablet

Overview

Prednisolone 10 mg is a **corticosteroid** used to treat **inflammatory, autoimmune, and allergic conditions**. It works by suppressing the immune response and reducing inflammation, making it effective for conditions such as **arthritis, asthma, severe allergies, skin diseases, and autoimmune disorders**.

Composition

- **Prednisolone 10 mg** – A synthetic glucocorticoid with potent anti-inflammatory and immunosuppressive properties.

Mechanism of Action

- Modifies the body's immune response by **inhibiting the release of inflammatory chemicals** (prostaglandins and cytokines).
- Reduces **swelling, redness, and allergic reactions**.
- Helps in suppressing **overactive immune responses**, making it useful in autoimmune conditions.

Indications & Uses

- ✓ **Autoimmune Disorders** – Rheumatoid arthritis, lupus, multiple sclerosis.
- ✓ **Allergic Conditions** – Severe asthma, anaphylaxis, dermatitis.
- ✓ **Respiratory Conditions** – Chronic obstructive pulmonary disease (COPD), sarcoidosis.
- ✓ **Inflammatory Diseases** – Ulcerative colitis, Crohn's disease.
- ✓ **Endocrine Disorders** – Adrenal insufficiency (as replacement therapy).

Dosage & Administration

- **Usual Dose: 5-60 mg daily**, depending on the condition.
- **Route:** Oral, swallowed whole with water.
- **Tapering Required:** Long-term use should **not be stopped suddenly**; dosage must be **gradually reduced** under medical guidance.

Precautions & Contraindications

⚠ Avoid in:

- **Systemic fungal infections** (as it can worsen infections).
- **Live vaccines** (due to immunosuppressive effects).
- **Uncontrolled diabetes or hypertension** (as it may worsen these conditions).

⚠ Use with caution in:

- Patients with **osteoporosis, glaucoma, kidney disease, or psychiatric disorders**.
- **Pregnancy & breastfeeding** – Should only be used under medical supervision.

Possible Side Effects

- **Common:** Increased appetite, weight gain, insomnia, mood changes.
- **Long-term Use Risks:** Osteoporosis, high blood pressure, diabetes, adrenal suppression.
- **Serious but Rare:** Cushing's syndrome, severe infections, vision problems.

Management: Regular monitoring of **blood sugar, bone density, and blood pressure** is recommended for long-term users.

Storage & Handling

- Store at **room temperature (15-30°C)** in a dry place.
- Keep out of reach of children.
- Protect from moisture and direct sunlight.

Conclusion

Prednisolone 10 mg is a **powerful corticosteroid** effective in treating **a wide range of inflammatory and autoimmune diseases**. While highly beneficial, it requires **careful dosing and monitoring** to minimize risks, especially with long-term use. Always follow **medical advice** for safe and effective therapy.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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